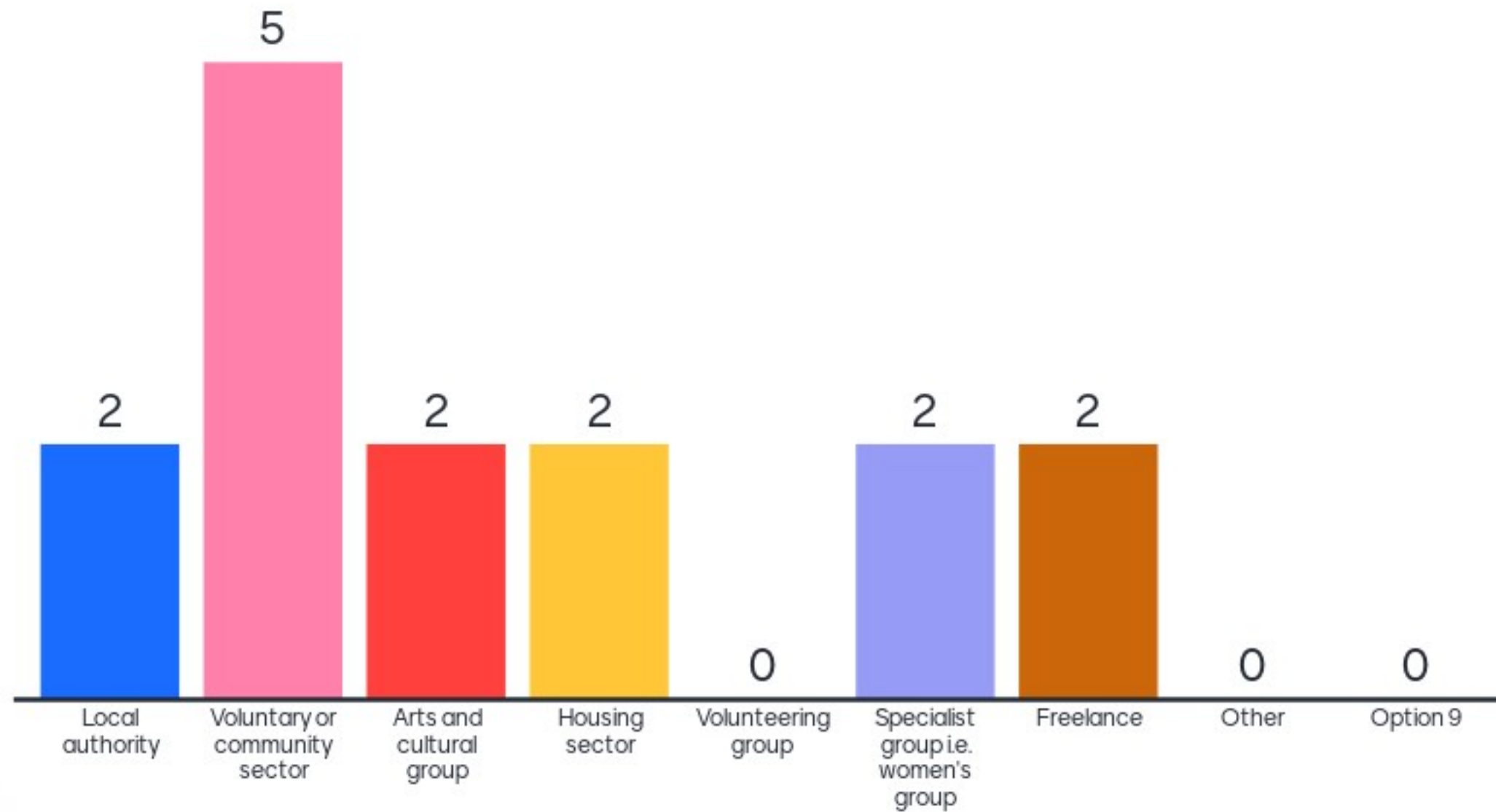


What type of organisations do you work for or volunteer for?



What motivated you to attend the session?



What have you learnt about your leadership qualities during this time?

Seeking support when you need it

Supporting others can be at times exhausting and know when to take a break to support yourself so you can support others.

Trusted relationships

Need for verbal communication

Reflective

I find it much easier to connect and check in face to face. I trust people I manage and their abilities but I need to balance this with checking they're not feeling overwhelmed which is harder over the phone.

I'm good at translating the space absent from virtual communication

I've learnt that I can tackle anything and I enjoy leading a team

Authenticity



What have you learnt about your leadership qualities during this time?

I learnt that I can also do this. There is no difference ..only difference is how much effort YOU put in matters

I'm stronger than I think I am

Cautious

Encouraging others everyday

I've learnt the importance of balance for myself and the team

Need to share issues verbally and the value of face to face communication

much easier from afar

Respect myself

I don't give up and I'm a fighter any challenges I tackle them head on 😊



What have you learnt about your leadership qualities during this time?

Finding small ways to lift spirits like playing music and dancing

I've learned to see people more as a whole, because we are seeing more aspects of peoples lives and homes. Often hearing more about how people are feeling when we are connecting.

Learning to ask for support or encouragement when I need it

I respect myself and value myself

I can do many things parallelly

I'm good at articulating ideas to others

learning that it's ok to do less in this crisis. The same productivity can't be expected from myself or others

Know your limits

What inspires you or motivates you as leader?



How do we all support each other moving forward?

Mentoring each other

Creating safe spaces and communities like this one! This has been a really helpful session, thank you for hosting it.

Communicate better, find time to check in on one another and offer assistance whenever it is possible.

Networks like this are good to not feel you are the only one feeling like this!

More events like this

Smiling more

Being in touch with each other..sharing best practices

Today has been a great example of finding space to share thoughts feelings and actions taken

Setting up sessions where we can share and support each other



How do we all support each other moving forward?

Be honest, kind, realistic and fair to ourselves and our teams.

More spaces like this

Reach out have conversations that matter turn towards each other - bear witness to each other's stories - encourage Others

